

PRESENTATION TENNIS YOU TRAINING BY MODULES



TENNIS YOU
CONSULTORIA DEPORTIVA



TOMY ARIAS
Professional Coach.
Founder of Tennis
You.
Professor RFET
Technical-Tactical
Area.





TOMY ARIAS
www.tennisyou.com
tomyariasmendiola@gmail.com
tomy@tennisyou.com
+34 647513453

TOMY ARIAS(1).

- Creator of the course "Coach TENNIS YOU" based on the TENNIS YOU System aimed at the training and certification of tennis coaches.
- Coach qualified by the most prestigious national and international organizations in charge of training and certification in the teaching of tennis (RFET, RPT, ERPT, USPTA, USPTR, NB-ICA, ITF).
- More than 35 years of experience in the world of tennis occupying different functions throughout his professional career.



TOMY ARIAS(2).

- Coach ATP for the last 17 years.
- Author of several articles related to tennis and published on reference websites in the tennis sector such as Tennis Industry or Punto de Break and collaborator of Marca and marca.com
- Collaborator as a technical commentator for Canal + and Sportmanía for the Wimbledon 2015 tournament.
- Collaborator of Kirolene, official center of sports education dependent on the Basque Government, teaching from TENNIS YOU the system "TENNIS YOU System" as a continuous training program specialized in tennis.



TOMY ARIAS(3).

- Advisor responsible for the tennis area of the company Baigene, leading company in the field of genetics and new technologies focused on sports performance.
- He has given numerous lectures and refresher days for professionals teaching tennis throughout the country. He is currently in the expansion phase with contact for courses in Europe, Latin America and Asia.



TENNIS YOU SYSTEM(1).

- Training method adjusted to the concepts and reality of today's tennis.
- Program and continuous training aimed for players, coaches, parents, federations and clubs.
- Introduces multidisciplinary aspects necessary for the coach to achieve their highest performance when carrying out their work.



TENNIS YOU SYSTEM(2).

- 11 training modules:
- Technique.
- Tactic.
- Physical training.
- Mental training.
- Professionalism and Teaching Organization.
- Player Evolution.



TENNIS YOU SYSTEM(3).

- Coach work.
- Materials and Technology.
- Tennis history.
- Organization and Management of schools (business aspects).
- Organization and Management of schools (sports aspects).



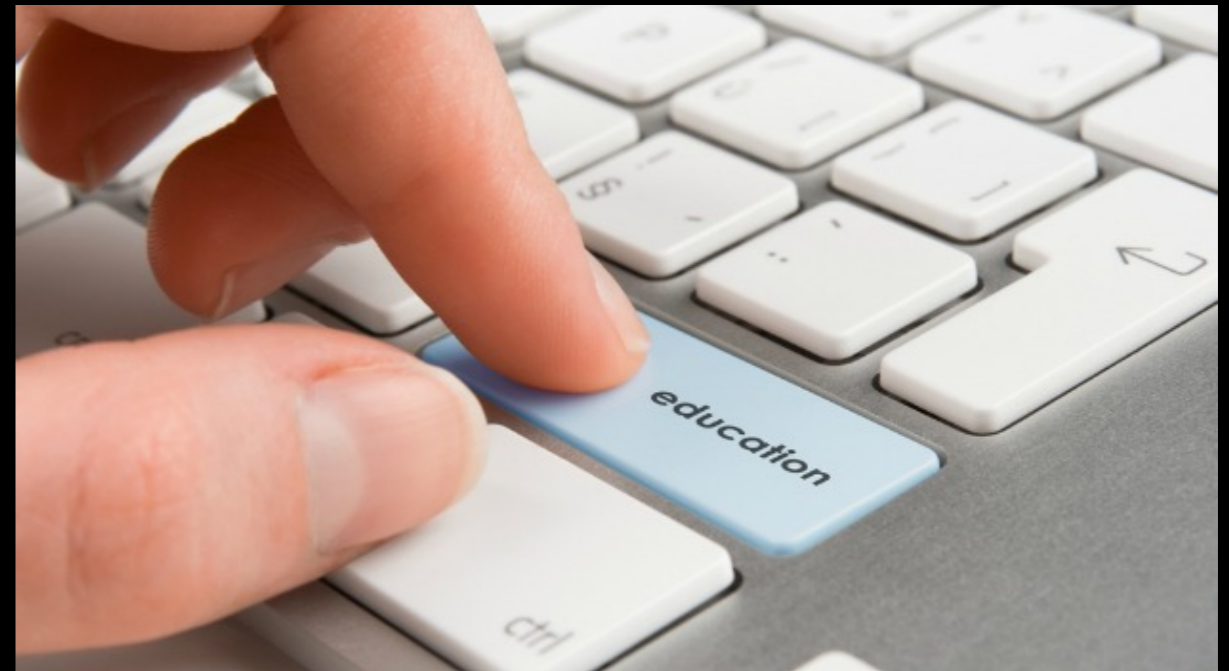
TENNIS YOU SYSTEM(4).

- 6 batteries of practical exercises:
- Exercises for teaching technique and error correction.
- Exercises for technical-tactical training.
- Exercises to work the mental aspect.
- Warm-up and pre-competition exercises.
- Launch of balls with variability and placement of the coach.
- Improvement of the use of time and learning in tennis lessons.



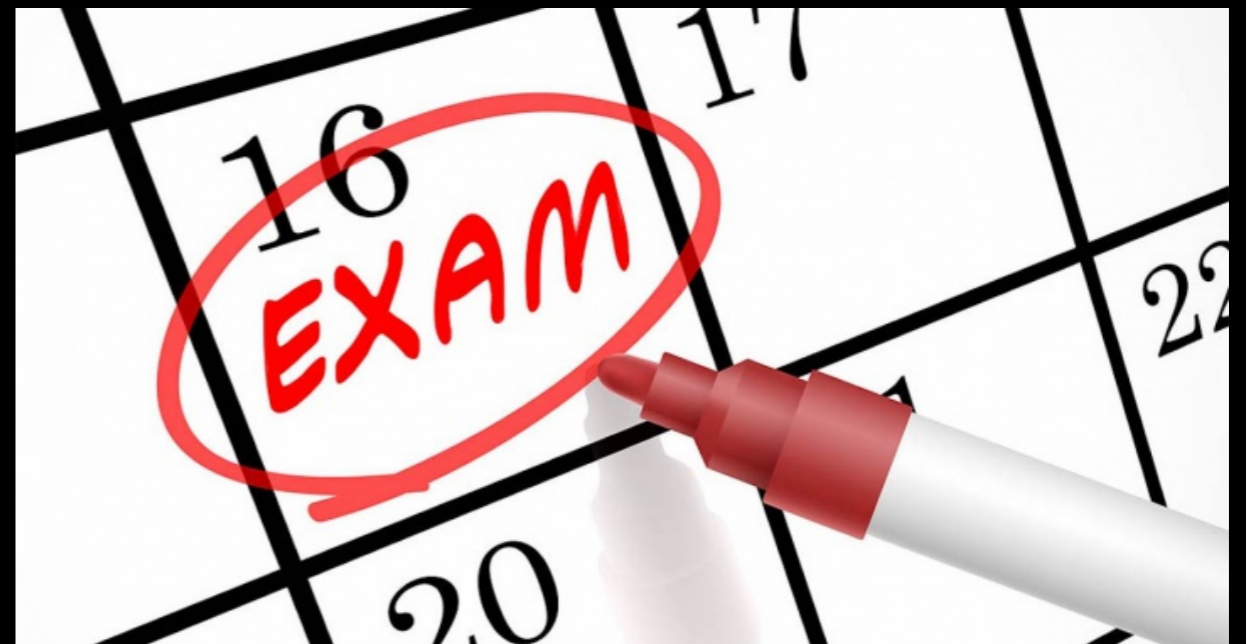
DYNAMICS OF THE COURSE(1).

- It is a 100% online course that will allow you to obtain the TENNIS YOU MODULE qualification.
- The student can choose between the 11 training modules or the practical exercise module.
- TENNIS YOU delivers to the student the training module(s) chosen for the student to examine and study.



DYNAMICS OF THE COURSE(2).

- At the same time, the student has a system of 5 direct tutorials with the teacher so that he/she can clarify doubts or obtain further information.
- Once the study process and tutorials have been completed, the student must pass the written exam.



DYNAMICS OF THE COURSE(3).

- There are 2 types of qualifications that the student can obtain depending on the knowledge demonstrated and the mark obtained:
- TENNIS YOU TRAINING DIPLOMA(the student obtains a mark lower than 60% of the maximum mark in the exam).
- TENNIS YOU MODULE (the student obtains a mark higher than 60% of the maximum mark in the exam).



DYNAMICS OF THE COURSE(4).

- Once the course has finished, if the student has not achieved the maximum qualification, he/she can take the exam again after 90 days at a cost of 50€, corresponding to the exam fees and TENNIS YOU certification.



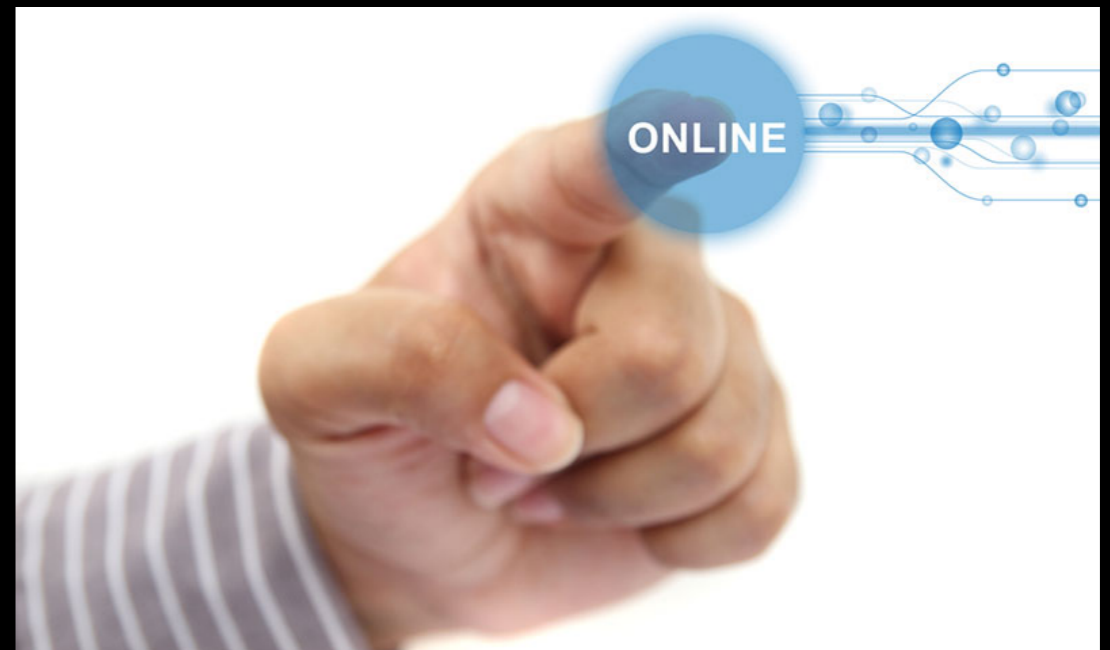
PRICE AND METHOD OF PAYMENT.

- The price of the course is 300€ per module chosen in a single payment, to be paid by bank transfer indicating MODULE, NAME AND SURNAME of the student, at the beginning of the course. The costs derived from the transfer will be assumed by the student.
- This price includes the training modules and/or sets of practical exercises, tutorials, exam fees and TENNIS YOU certification.



INFORMATION AND REGISTRATION.

- For more information or to register for the course, it can be done through:
- tomyariasendiola@gmail.com
- tomy@tennisyou.com
- +34 647 51 34 53 (Tomy Arias).





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