

PRESENTATION TENNIS YOU CONSULTANCY/ADVICE



TENNIS YOU
CONSULTORIA DEPORTIVA



TOMY ARIAS
Professional Coach.
Founder of Tennis
You.
Professor RFET
Technical-Tactical
Area.





TOMY ARIAS
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TOMY ARIAS(1).

- Creator of the course "Coach TENNIS YOU" based on the TENNIS YOU System aimed at the training and certification of tennis coaches.
- Coach qualified by the most prestigious national and international organizations in charge of training and certification in the teaching of tennis (RFET, RPT, ERPT, USPTA, USPTR, NB-ICA, ITF).
- More than 35 years of experience in the world of tennis occupying different functions throughout his professional career.



TOMY ARIAS(2).

- Coach ATP for the last 17 years.
- Author of several articles related to tennis and published on reference websites in the tennis sector such as Tennis Industry or Punto de Break and collaborator of Marca and marca.com
- Collaborator as a technical commentator for Canal + and Sportmanía for the Wimbledon 2015 tournament.
- Collaborator of Kirolene, official center of sports education dependent on the Basque Government, teaching from TENNIS YOU the system "TENNIS YOU System" as a continuous training program specialized in tennis.



TOMY ARIAS(3).

- Advisor responsible for the tennis area of the company Baigene, leading company in the field of genetics and new technologies focused on sports performance.
- He has given numerous lectures and refresher days for professionals teaching tennis throughout the country. He is currently in the expansion phase with contact for courses in Europe, Latin America and Asia.



TENNIS YOU SYSTEM(1).

- Training method adjusted to the concepts and reality of today's tennis.
- Program and continuous training aimed for players, coaches, parents, federations and clubs.
- Introduces multidisciplinary aspects necessary for the coach to achieve their highest performance when carrying out their work.



TENNIS YOU SYSTEM(2).

- 11 training modules:
- Technique.
- Tactic.
- Physical training.
- Mental training.
- Professionalism and Teaching Organization.
- Player Evolution.



TENNIS YOU SYSTEM(3).

- Coach work.
- Materials and Technology.
- Tennis history.
- Organization and Management of schools (business aspects).
- Organization and Management of schools (sports aspects).



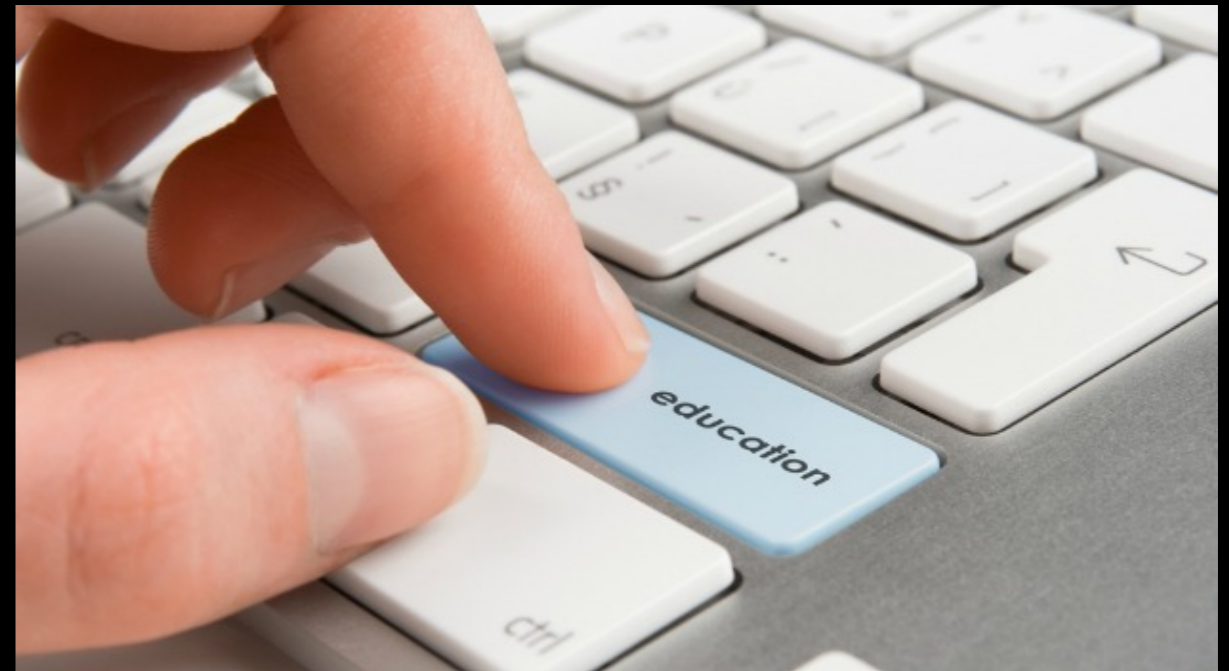
TENNIS YOU SYSTEM(4).

- 6 batteries of practical exercises:
- Exercises for teaching technique and error correction.
- Exercises for technical-tactical training.
- Exercises to work the mental aspect.
- Warm-up and pre-competition exercises.
- Launch of balls with variability and placement of the coach.
- Improvement of the use of time and learning in tennis lessons.



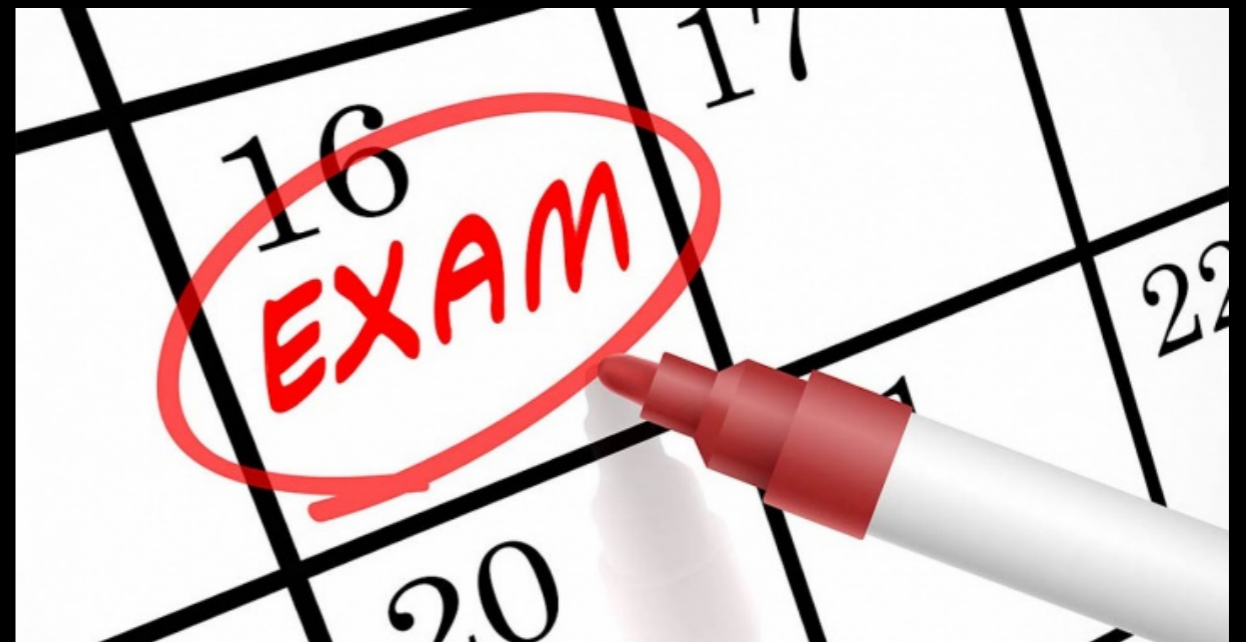
DYNAMICS OF THE COURSE(1).

- It is a system of Consultancy and Advice TENNIS YOU 100% Online aimed at Coaches, Players, Parents and Clubs who want to get external help to resolve doubts, expand information, optimize their work or improve their school.
- This service can be provided in person by TENNIS YOU staff if required by the client.



DYNAMICS OF THE COURSE(2).

- To carry out this consultancy, the student will have a system of 10 direct online sessions with TENNIS YOU staff lasting 1 hour where the student will be able to obtain the information they require in order to clarify their doubts, improve the quality of their work or optimise the service they offer.



PRICE AND METHOD OF PAYMENT.

- The price of the Consultancy/ Advisory service is 600€ in a single payment, to be paid by bank transfer indicating CONSULTANCY, NAME AND SURNAME of the student, at the beginning of the service. The expenses derived from the transfer will be assumed by the student.



INFORMATION AND REGISTRATION.

- For more information or to register for the course, it can be done through:
- tomyariasendiola@gmail.com
- tomy@tennisyou.com
- +34 647 51 34 53 (Tomy Arias).





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