

PRESENTATION
PRESENTIAL COURSE
COACH TENNIS YOU.



TENNIS YOU
CONSULTORIA DEPORTIVA



TOMY ARIAS
Professional Coach.
Founder of Tennis
You.
Professor RFET
Technical-Tactical
Area.





TOMY ARIAS

www.tennisyou.com

tomyariasendiola@gmail.com

tomy@tennisyou.com

+34 647513453

TOMY ARIAS(1).

- Creator of the course "Coach TENNIS YOU" based on the TENNIS YOU System aimed at the training and certification of tennis coaches.
- Coach qualified by the most prestigious national and international organizations in charge of training and certification in the teaching of tennis (RFET, RPT, ERPT, USPTA, USPTR, NB-ICA, ITF).
- More than 35 years of experience in the world of tennis occupying different functions throughout his professional career.



TOMY ARIAS(2).

- Coach ATP for the last 17 years.
- Author of several articles related to tennis and published on reference websites in the tennis sector such as Tennis Industry or Punto de Break and collaborator of Marca and marca.com
- Collaborator as a technical commentator for Canal + and Sportmanía for the Wimbledon 2015 tournament.
- Collaborator of Kirolene, official center of sports education dependent on the Basque Government, teaching from TENNIS YOU the system "TENNIS YOU System" as a continuous training program specialized in tennis.



TOMY ARIAS(3).

- Advisor responsible for the tennis area of the company Baigene, leading company in the field of genetics and new technologies focused on sports performance.
- He has given numerous lectures and refresher days for professionals teaching tennis throughout the country. He is currently in the expansion phase with contact for courses in Europe, Latin America and Asia.



TENNIS YOU SYSTEM(1).

- Training method adjusted to the concepts and reality of today's tennis.
- Program and continuous training aimed for players, coaches, parents, federations and clubs.
- Introduces multidisciplinary aspects necessary for the coach to achieve their highest performance when carrying out their work.



TENNIS YOU SYSTEM(2).

- 11 training modules:
- Technique.
- Tactic.
- Physical training.
- Mental training.
- Professionalism and Teaching Organization.
- Player Evolution.



TENNIS YOU SYSTEM(3).

- Coach work.
- Materials and Technology.
- Tennis history.
- Organization and Management of schools (business aspects).
- Organization and Management of schools (sports aspects).



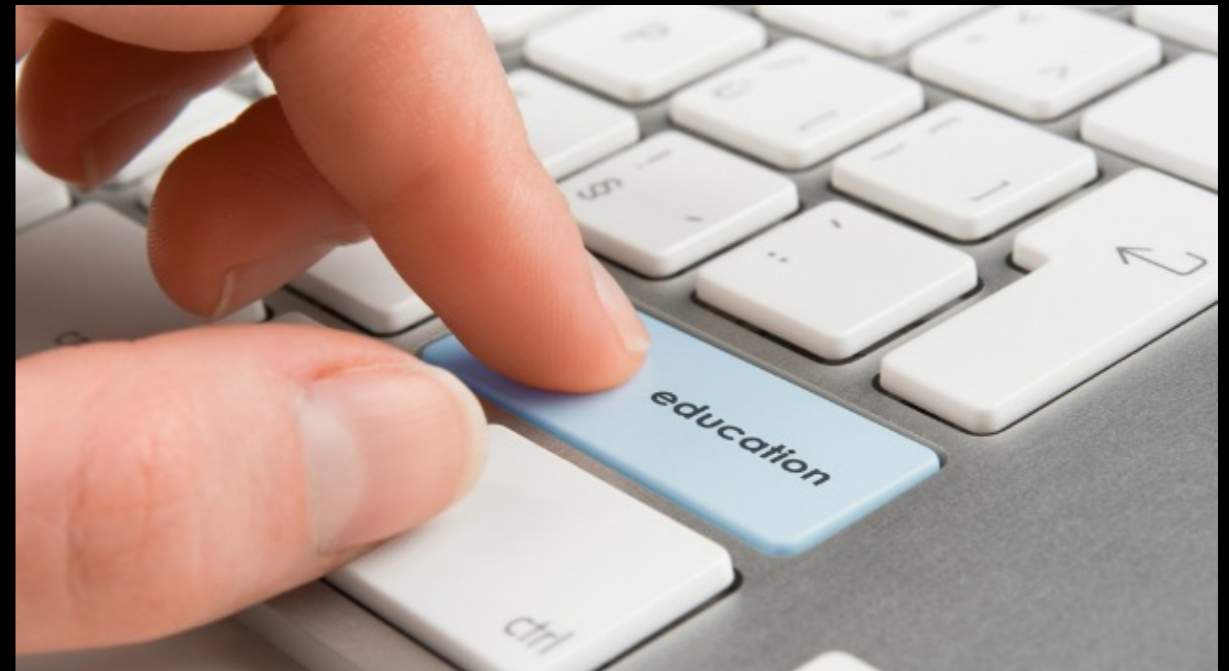
TENNIS YOU SYSTEM(4).

- 6 batteries of practical exercises:
- Exercises for teaching technique and error correction.
- Exercises for technical-tactical training.
- Exercises to work the mental aspect.
- Warm-up and pre-competition exercises.
- Launch of balls with variability and placement of the coach.
- Improvement of the use of time and learning in tennis lessons.



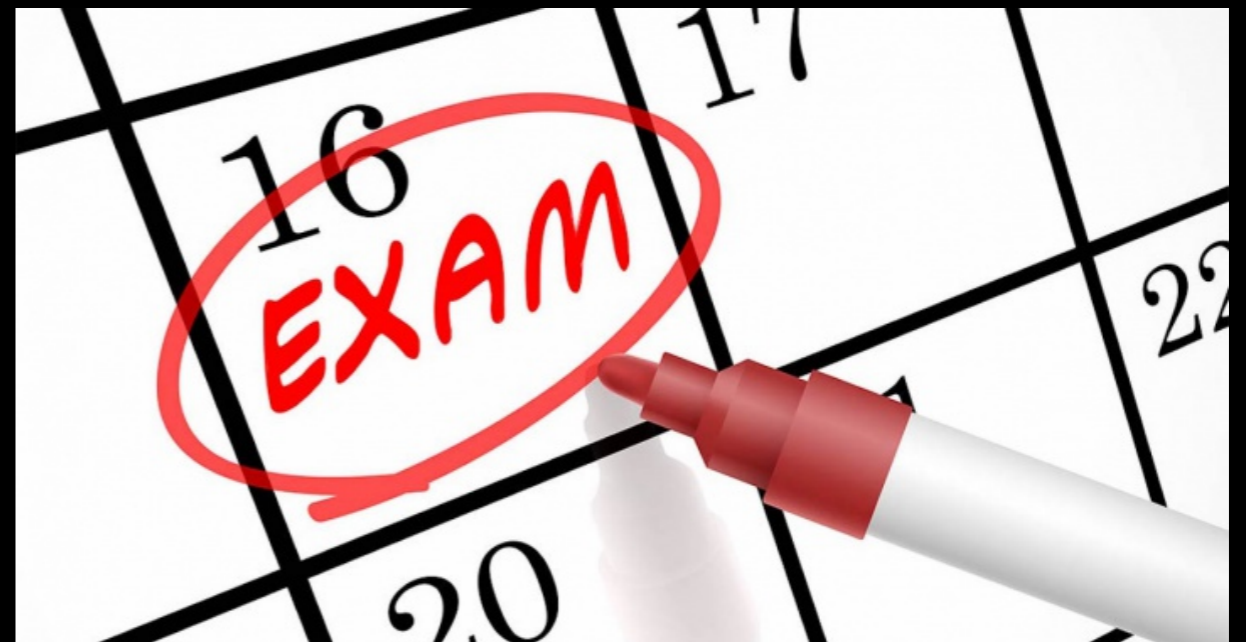
DYNAMICS OF THE COURSE (1).

- It is a 100% Face-to-face course that will allow you to obtain the COACH TENNIS YOU degree.
- The course has a total duration of 160 hours distributed between theoretical and practical training and will be distributed in 4 weeks throughout the year.
- The minimum number of students for the course to take place will be 6 and the TENNIS YOU coaches will move to the agreed place to develop the course.



DYNAMICS OF THE COURSE (2).

- TENNIS YOU provides the student with the work folder, the different training modules as well as a set of practical exercises for the student to examine and study during the course.
- The student will have to take three exams to qualify for the different qualifications: Written exam, Play test and Pedagogical practice.
- To complete the requirements and obtain the qualification, the student must present a certificate signed by the school director or person responsible for having completed at least 200 hours of pedagogical practice.



DYNAMICS OF THE COURSE (3).

- There are 3 types of degrees that the student can obtain based on the knowledge demonstrated and the grade obtained:
- TENNIS YOU ASSISTANCE DIPLOMA (the student obtains a grade lower than 50% of the maximum grade in any of the three exams).
- ASSISTANT COACH TENNIS YOU (the student gets a grade between 50% and 70% of the maximum mark in the three exams).
- COACH TENNIS YOU (the student obtains a grade superior to 70% of the maximum mark in the three exams).



DYNAMICS OF THE COURSE (4).

- Once the course is finished, if the student has not achieved the maximum degree, he / she can take the exam again after 90 days at a cost of € 185, corresponding to the TENNIS YOU exam and certification fees.



PRICE AND METHOD OF PAYMENT(1).

- The price of the course is as follows:
- Between 6-10 students, € 1250 per student (a single payment before starting the course).
- +10 students, € 950 per student (a single payment before starting the course).
- It can be made in two payments, the first before starting the course and the second before the second week.
- In this case the prices will be:
- Between 6-10 students, the price will be € 1400 per student.
- +10 students, € 1100 per student.



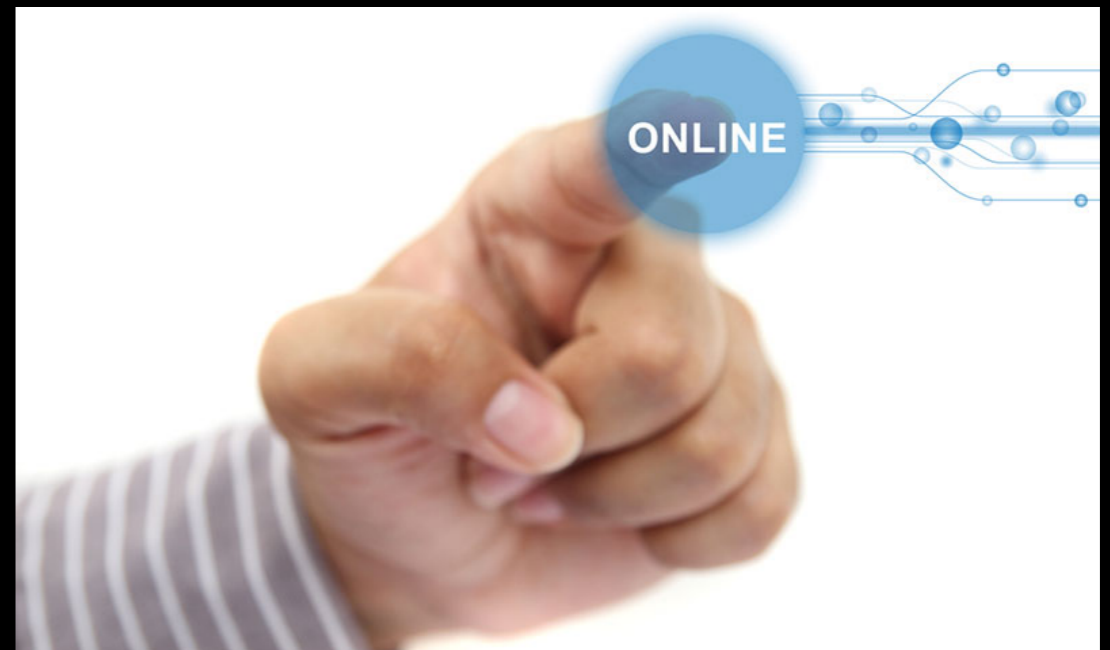
PRICE AND METHOD OF PAYMENT(2).

- Payments must be paid by bank transfer indicating COURSE, NAME AND SURNAME of the student. The expenses derived from the transfer will be assumed by the student.
- Included in this price are the work portfolio, the training modules, the practical exercises batteries, the exam rights and the TENNIS YOU certification.
- In the event that the TENNIS YOU team has to move, the organizing person or entity must bear the expenses derived from the trip, stay and maintenance of the TENNIS YOU team members.



INFORMATION AND REGISTRATION.

- For more information or to register for the course, it can be done through:
- tomyariasendiola@gmail.com
- tomy@tennisyou.com
- +34 647 51 34 53 (Tomy Arias).





TENNIS YOU
CONSULTORIA DEPORTIVA