

PRESENTATION  
COACHING  
TENNIS YOU



**TENNIS YOU**  
CONSULTORIA DEPORTIVA



TOMY ARIAS  
Professional Coach.  
Founder of Tennis  
You.  
Professor RFET  
Technical-Tactical  
Area.





TOMY ARIAS

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# TOMY ARIAS(1).

- Creator of the course "Coach TENNIS YOU" based on the TENNIS YOU System aimed at the training and certification of tennis coaches.
- Coach qualified by the most prestigious national and international organizations in charge of training and certification in the teaching of tennis (RFET, RPT, ERPT, USPTA, USPTR, NB-ICA, ITF).
- More than 35 years of experience in the world of tennis occupying different functions throughout his professional career.



# TOMY ARIAS(2).

- Coach ATP for the last 17 years.
- Author of several articles related to tennis and published on reference websites in the tennis sector such as Tennis Industry or Punto de Break and collaborator of Marca and marca.com
- Collaborator as a technical commentator for Canal + and Sportmanía for the Wimbledon 2015 tournament.
- Collaborator of Kirolene, official center of sports education dependent on the Basque Government, teaching from TENNIS YOU the system "TENNIS YOU System" as a continuous training program specialized in tennis.



# TOMY ARIAS(3).

- Advisor responsible for the tennis area of the company Baigene, leading company in the field of genetics and new technologies focused on sports performance.
- He has given numerous lectures and refresher days for professionals teaching tennis throughout the country. He is currently in the expansion phase with contact for courses in Europe, Latin America and Asia.



# DYNAMIC COACHING(1).

- It is a 100% face-to-face service, aimed at all those players who need professional support in order to develop their skills and thus be able to achieve their objectives and goals.



# DYNAMIC COACHING(2).

- TENNIS YOU offers the possibility of training players, creating a structure, planning the season, taking into account the level of the player, dividing the time between practice, competition and rest, as well as the tournament calendar.





# DYNAMIC COACHING(3).

- TENNIS YOU also offers the option of accompaniment to tournaments so that the player has professional support during the competition as well as a complete analysis of the matches from different points of view.



# DYNAMIC COACHING(4).

- This COACHING service can be valid for a single player or for a small group.
- Both the type of contract, for a single aspect or several at the same time, and the duration of the same can be flexible: weekly, monthly, quarterly, half-yearly or yearly.
- Due to the multiple possibilities, a budget adjusted to the services and time contracted by each player will be drawn up.



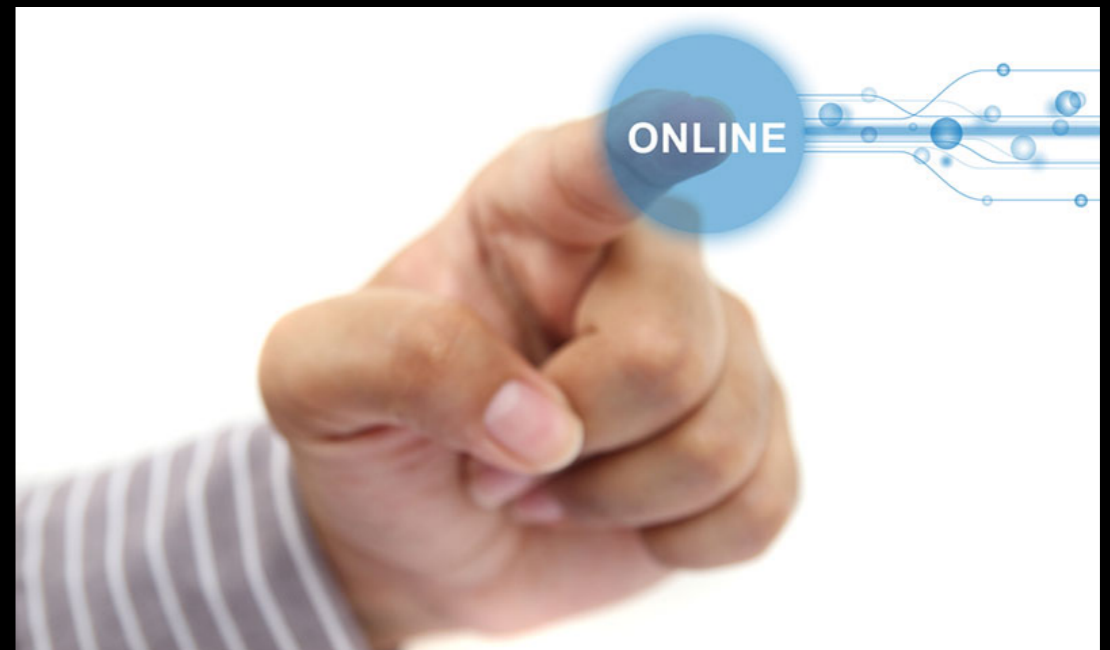
# PRICE AND METHOD OF PAYMENT.

- Once the budget has been drawn up, it must be paid by bank transfer indicating COACHING, NAME AND SURNAME of the player, at the beginning of the service. The expenses derived from the transfer will be assumed by the player.



# INFORMATION AND REGISTRATION.

- For more information or to register for the COACHING, it can be done through:
- [tomyariasendiola@gmail.com](mailto:tomyariasendiola@gmail.com)
- [tomy@tennisyou.com](mailto:tomy@tennisyou.com)
- +34 647 51 34 53 (Tomy Arias).





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