CURRICULUM VITAE.

Name: TOMÁS (Tomy). Surnames: ARIAS MENDIOLA

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ACADEMIC AND PROFESSIONAL DATA.

ACADEMIC DATA.

Higher Bachelor Degree obtained in the Brotherhood Marist Brothers of Bilbao in the year 1986.

English skills.

Knowledge of Basque.

PROFESSIONAL DATA.

At the tennis player level.

Classification.

Ranked 117th in the individual national classification (1989).

Classified as second player of the Basque Country in absolute category (1989).

Championships.

Basque-Navarro-Riojano-Cantabria Absolute Championship: Individual champion (1989).

Absolute Basque Country Championship: Individual semifinalist (1989-1990). Double champion (1992).

Vizcaya Absolute Championship: Individual runner-up (1990). Double champion (1990-1991). Double runners-up (1989).



Other featured tournaments:

6th national tennis tournament "El Corte Inglés". Country Club "La Galera" (Valladolid): Double champion (1989).

79th international tennis competition "City of San Sebastian": Eighth individual finalist (1989).

National tournament "Caixa Galicia": Individual semifinalist (1990).

Participant in numerous exhibitions, as well as tournaments both regionally and nationally throughout the sporting career.

At the level of tennis teacher:

Founder and Director of the sports consultancy company specialising in tennis Tennis You (2014-present).

Professor of the Teaching Area of the RFET responsible for the Technical-Tactical Area in the Level III course (National Professor) (2022-present).

Creator and teacher of the online course "COACH TENNIS YOU" that I currently teach for Spanish and Latin American coaches (2016-present).

Collaborator of the Royal Spanish Tennis Federation (RFET) in the specialization courses that will be held in 2019 and 2020.

Included in the list of 2018 as one of the 80 essential names in Spanish tennis published by the Tennis Industry.

Tennis Director at Walter Grünfeld Tennis Academy (WGTA) and Business Director at Barcelona Sports Camps (BSC) and Barcelona Sports Tourism (BST) (2017-present).

Advisor responsible for the tennis area of the company Baigene, leading company in the field of genetics and new technologies focused on sports performance (2017-present).

Co-founder and director of the company Pro Tennis Team Academy (PTT) in Madrid with Vicente Cuairan, specialist in mental training (2015).

Collaborator as a technical commentator for Canal + and Sportmanía for the Wimbledon 2015 tournament.

Author of several articles related to tennis and published on the website of the company Industria del Tenis and collaborator with Marca and marca.com.

Currently I collaborate with Kirolene, the official center of sports education under the Basque Government, providing Tennis You with the Tennis You System as a continuous training program specialized in tennis.

He has given numerous lectures and refresher days for professionals teaching tennis throughout the country. He is currently in the expansion phase with contact for courses in Europe and Latin America.

Area Manager of the Northern Zone of Spain for the development of the Evolution training program (2014).

Regional Director of the Professional Tennis Registry (1998 - 2001).

President of the regional committee of the Association of Tennis Teaching Professionals of Spain (1999 - 2001).

Recognized for the best RPT work by the Professional Tennis Registry (Madrid) (2004).

Member of the Professional Registry of Tennis Club with the number 009 (2000-2014).

Member of the United States Professional Tennis Association with the number 22497 (2000-2004).

Degrees.

National Tennis Teacher, qualified by the National School of Tennis Masters (R.F.E.T.) (1996). National Tennis Referee qualified by the National Tennis School (R.F.E.T.) (1995).

(E.N.M.T.): Teaching area belonging to the Royal Spanish Tennis Federation.

International Coach titled by the Nick Bollettieri International Coaches Association (NB-ICA) (2001).

(NB-ICA): Association created within the most prestigious tennis academy in the world.

Tennis Director qualified by the Professional Tennis Registry (RPT) (2000). Streetennis Trainer qualified by the Professional Tennis Registry (RPT) (1998). Wheeltennis Trainer qualified by the Professional Tennis Registry (RPT) (2001). Charlytennis Trainer qualified by the Professional Tennis Registry (RPT) (2002). Adultennis Trainer qualified by the Professional Tennis Registry (RPT) (2007). National Professional Master by the Professional Tennis Registry (RPT) (2009)

(RPT): Largest private national organization for the training of technicians.

Professional qualified by the United States Professional Tennis Registry (USPTR) (1997).

(USPTR): Unique qualification recognized by the ATP Tour, American Tennis Federation and many International Federations.

Professional Tennis Director qualified by the European Registry of Professional Tennis (ERPT) (2000).

Streetennis Trainer titled by the European Registry of Professional Tennis (ERPT) (1997). Wheelchair Trainer titled by the European Registry of Professional Tennis (ERPT) (2001). Charlytennis Trainer titled by the European Registry of Professional Tennis (ERPT) (2002). Trainer titled by the European Registry of Professional Tennis (ERPT) (2002).

(ERPT): Largest European organization of technicians constituted by the Professional Tennis Registers of 16 countries.

Professional 1 titled by the United States Professional Tennis Association (USPTA) (2000). Little Tennis Specialist titled by the United States Professional Tennis Association (USPTA) (1999). Wheelchair Certified by the United States Professional Tennis Association (USPTA) (2001).

(USPTA): World's largest tennis organization formed by more than 15,000 technicians.

Tennis Director - Professional Tennis Director for the European Community Certificate Supplement (2003).

Professional Tennis Director by the International Coaches Institute (2003).

Professional Tennis Director by the International Registry of Tennis Professionals (2003).

Coach qualified by the Sanchez-Casal Academy approved by the Professional Tennis Registry (2004).

Certified by the Association of Teaching Professionals in Spain to practice teaching tennis in Spanish territory (2004).

Estess Coach Certificate by the Estess Athletic University (2014).

Certificate of Recognition by the Professional Tennis Coaches Association (PTCA) (2014).

Qualified as a High Performance Player Trainer (Level 3 ITF). (International Tennis Federation) (2014).

Experience.

Captain of the teams of young and children representing the Basque Tennis Federation in numerous competitions (1993-1994).

Experience developed during 30 years and carried out in the following clubs: Municipal Sports City of Txurdínaga (1985-1994). Ibertenis Tennis Group (1990-2002). Municipal Sports City of Fadura (1994-2007).

Coach of two of the best Basque players in his category: Miguel Olaso Fatima Olaso

Coach of the Spanish Runner-up Alevín (Individual and doubles) (2002), Champion of the XXI Sport Goofy Trophy (Individual and doubles) (2004), Champion of Spain Infant (Individual and doubles) (2004) and Sub-champion of Europe U-14 (doubles) (2004), Andoni Vivanco for 10 years (1997-2007).

Coach of the player Andoni Vivanco during 9 months traveling to different professional tournaments (2007-2008).

Coach of the players Guillermo Alcorta Olarra (596 ATP) and Pedro Clar Rossello (238 ATP) participants in professional tournaments (2008-2009).

Coach Pedro Clar (238 ATP) (2009-2012) with which I participated in the previous phases of the four Grand Slam (Australia-Roland Garros-Wimbledon-Open USA) as well as the Conde de Godo Trophy (Barcelona) (ATP 500) and in Auckland (New Zealand) (ATP 250).

Coach Guillermo Olaso (255 ATP) (2012-2013) with which I participated in the preliminary phase of Montpellier (France) (ATP 250) getting to the final table and in the preliminary phase of the Conde de Godo Trophy (Barcelona) (ATP 500) getting to reach the second round of the final table.

Coach Carlos Boluda (600 ATP) (August 2016-February 2017).

Coach of junior Krishang Raghuvanshi (February 2024-July 2024).

Collaborator of the French player Laurent Lokoli(167 ATP) accompanying him to different tournaments of the circuit and advising him in his sports career. Last collaboration Challenger Pozoblanco and Challenger Segovia (July 2024).

Congresses

Participant in accredited national and international congresses with their corresponding diplomas:

X International Symposium for Professionals of Tennis Teaching (Madrid) (1995).

Congress for Professionals of the Teaching of Tennis of the Basque Country (Vizcaya) (1995).

IV National Seminar of Tournament Management (Segovia) (1996).

Fundamental aspects in tennis technique training (Vitoria) (1996).

Congress of sport in the Basque Country (Vizcaya) (1996).

Course Oncourt-Offcourt taught by the Professional Tennis Registry (Madrid) (1997).

V National Tournament Management Seminar (Segovia) (1997).

70 Th. World Conferences on Tennis (Cancun-Mexico) (1997).

XI International Symposium for Professionals of Tennis Teaching (Sevilla) (1997).

VI International Symposium RPT-APE (Castellón) (1997).

I Congress Hispano-Portuguese of Tennis (Cáceres) (1997).

R.P.T. USA TOUR (Florida) (1998):

Academy of Nick Bollettieri (Bradenton). Colony Beach & Tennis Resort (Long Boat Key). Bill Stearns Academy (Sarasota). Pálmer Tennis Academy (Tampa). International Headquarters WTA Tour (St. Petersburg). Harry Hopman Academy (Wesley Chapel). Loehr-Groppel-Etcheverry Sports Science Center (Orlando). International Headquarters ATP Tour (Pontevedra Beach). Chris Evert Academy (Boca Ratón). American Tennis Federation (Seat of the Lipton International tournament) (Key Biscaine).

International Mini-Tennis Symposium given by the Professional Tennis Registry (Madrid) (1998).

VI National Tournament Management Seminar (Segovia) (1998).

71 Th. World Conference on Tennis (La Quinta Resort and Club) (Palm Springs) (California) (1998):

José Higueras Academy (Mission Hills Country Clubs). Reed Anderson Academy (Westin Mission Hills Resort). Headquarters of the Indian Wells tournament (Newsweek Cup-Mercedes Super 9)

R.P.T.BARCELONA TOUR (1998):

Cornellá High Competition Center. Top Team High Competition Center. Marré-Font Tennis School. Tennis School RCT Barcelona 1889. Barcelona Tennis Olimpic (F.C.T.). High Performance Center (R.F.E.T.). FIT Competition. Tennis School R.C.T. Ginger.

VII International Symposium RPT (Barcelona) (1998).

National Tennis Congress "Training in High Performance" (Logroño) (1998).

II International APE Tennis Symposium Spain (Valencia) (1999).

National Congress of Marketing given by the Professional Registry of Tennis (Madrid) (1999).

VII National Coach Seminar ATP and Tournament Management (Segovia) (1999).

72 Th. World Conference on Tennis (Doral Golf Resort & Spa) (Miami-Florida) (1999)

R.P.T. USA TOUR (Florida) (1999):

Academy of Nick Bollettieri (Bradenton). Colony Beach & Tennis Resort (Long Boat Key). Harry Hopman Academy (Wesley Chapel). International Headquarters ATP Tour (Pontevedra Beach). Chris Evert Academy (Boca Ratón). International Tennis Academy Rick Macci (Palm Aire Resort) (Delray Beach). Warren Worsworth International (Boca Ratón).

I Iberian Tennis Symposium (Madrid) (1999).

XV National Tennis Congress "Teaching in High Competition" (RPT-Academia Sanchez-Casal) (Barcelona) (1999).

IX International RPT Symposium (Madrid) (1999).

III International APE Tennis Symposium Spain (Gijón) (2000).

International Forum of Tournament Directors (Segovia) (2000).

Introductory course on NTA Power System Level One (Tarragona) (2000).

II National Tennis Congress (Vitoria) (2000).

X Professional Tennis Week RPT (International Symposium) (Madrid) (2000).

IV International Symposium A.P.E. Tennis Spain (Salamanca) (2001).

IV R.P.T. USA TOUR (Florida) (2001):

Academy of Nick Bollettieri (Bradenton). Colony Beach & Tennis Resort (Long Boat Key). Harry Hopman Academy (Wesley Chapel). Chris Evert Academy (Boca Ratón). International Tennis Academy Rick Macci (Palm Aire Resort) (Delray Beach). Warren Worsworth International (Boca Ratón). Colon Nuñez Tennis Academy. Headquarters of the Ericcson Open / USTA (Key Biscayne). Bill Stearns Academy (Sarasota).

II Seminar for Professionals of the Teaching of Tennis of Euskadi (Getxo) (2001).

National Congress A.P.E. Tennis Spain (Madrid) (2001).

International Forum of Organization of Sports Events (Segovia) (2001).

Jofre Porta National Tour. A.P.E. Tennis Spain (Vizcaya) (2001).

XI International Symposium (Initiation & Mini-Tennis). RPT (Madrid) (2001).

XII Symposium RPT Week. Management and Management of Tennis Centers and Schools (Madrid) (2002).

XVIII International Tennis Conference. Training of Competition Players. RPT (Barcelona) (2003).

XIX National Tennis Symposium. Coaches and Parents: Working Together. RPT (Madrid) (2003).

Symposium on Management and Management of Tennis Schools. RPT (Madrid) (2003).

XIV Professional Tennis Week Simposium.RPT (Madrid) (2004).

XV Professional Tennis Week Simposium.RPT (Madrid) (2005).

Conference on Computer Applied Tennis. FVT (Vizcaya) (2005).

Seminar for Teachers of Tenis.FVT (Vizcaya) (2005).

II National Congress of Sciences Applied to Tennis (Madrid) (2006).

XVI Professional Tennis Week (International Symposium). RPT (Madrid) (2006).

Congress on Science applied to the Training of Tenis. Fisiosan (Barcelona) (2006).

II Seminar for Teachers of Tenis.FVT (Vizcaya) (2006).

Forum on the application of high competition systems in clubs, taught by Toni Nadal (Vizcaya) (2012).

Conference on Talent Education. The Discipline of Overcoming. Taught by Toni Nadal (Getxo) (Vizcaya) (2014).

IX Meetings of Sports Policies in the Municipalities. Times for alliances and synergies (Getxo) (Vizcaya) (2014).

Conference on Advances in Sports Training (Vitoria) (2014).

Clinic on Smart Tennis and Emotions Management (Madrid) (2014).

Conference on Technologies Applied to Sports Performance (Getxo) (Vizcaya) (2015).

II Conference of Management of Sports Federations (Vitoria) (2015).

Training and recovery systems. What is effective and what is not? (Getxo) (Vizcaya) (2016).

Event organization.

Collaborator in the Streetennis events organized by the RPT in Castellón and Madrid (1997-1998).

Collaborator at the Wilson-Forum clinics held at the C.D.M. of Fadura (Vizcaya) (1999-2000).

Organizer of the training course (N1) belonging to the RPT (Vizcaya) (2000).

Organizer of the RPT of one of the events of the tour of the ATP Smash Tennis (Huesca) (2001).

Organizer of the training courses (N1 and N2) belonging to the RPT (Vizcaya) (2001).

Organizer of one of the events of the national tour of Jofre Porta promoted by the A.P.E. Tennis Spain (Vizcaya) (2001).

Organizer of the training courses (N1 and N2) belonging to the RPT (Vizcaya) (2004).

Organizer of the training courses (N1 and N3) belonging to the RPT (Vizcaya) (2005).

Organizer of the training course (Adultennis) belonging to the RPT (Vizcaya) (2007).

Participant in the clinic carried out by the Equelite academy during the week of the ATP of Valencia (2008).

Judge Referee of two national tournaments with money corresponding to the WGTA Circuit held in Barcelona (2021).

I ENJOY MY WORK AND TRY TO RETURN PROFESSIONALITY TO THIS SPORT EVERYTHING THAT TENNIS HAS GIVEN ME IN THE FORM OF HUMAN AND SPORTS VALUES.



